



Dr. Dennis Perman ::

Message of The Week



More Evidence of The Dangers of Allopathy

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Dear Doctor:

Two articles caught my eye this week, each building a case for the dangers of allopathy and the advantages of seeking non-drug alternatives wherever possible.

First comes the butchering of a sacred cow – remember when taking an aspirin a day was generally considered good for your circulatory system, to prevent heart disease and stroke?

Not so, says the Food and Drug Administration. Upon review of numerous studies on people with no history of heart disease or stroke, there was little justification for taking aspirin – the risk of brain or stomach hemorrhage far outweighed the possible benefits.

Three cheers for the FDA! This decision was prompted because Bayer wanted permission to label their aspirin products with a recommendation for healthy people to take them as a preventive measure. To their credit, when the FDA examined the data, they had to conclude that such privileges would violate the public trust, as there was no demonstrable prophylactic merit.

Even diabetics or patients with peripheral vascular disorders saw little value in taking daily aspirin, if they hadn't already had a stroke – another myth exploded, not by contrarians like us, but by the collision of greed and intellectual integrity -- the FDA couldn't let Bayer go that far. And for now, they still recommend that previous stroke sufferers take an aspirin every day – but that will be evaluated over time. At least this resembles good medicine, to discover who can really benefit from a medication, instead of scatter-gunning people just in case.

In a related story, eight retired NFL stars, representing over 500 former football players, are suing the NFL for overmedicating them to keep them on the field.

Allegedly, the decision-makers on these professional football teams made judgment calls to use risky drugs to mask injuries and accelerate the player's return to the game. Jim McMahon and Richard Dent, both from the 1985 Super Bowl Champion Chicago Bears, have already been successful in concussion-related litigation, leading to a settlement with the NFL for \$765 million, and now this suit addresses the irresponsible use of drugs and the associated ailments that now plague these aging athletes.

"The NFL knew of the debilitating effects of these drugs on all of its players and callously ignored the players' long-term health in its obsession to return them to play," said attorney Steven Silverman.

As a result of numbing their pain with Percodan, Percocet, Vicodin, and the NFL drug of choice, Toradol, many players developed heart, lung, kidney, intestinal and nerve conditions, as well as chronic injuries to bones and soft tissues, the lawsuit claims.

Tampering with the balance of Nature has consequences. At the grass roots level, with citizens being misled about the dubious benefits of daily aspirin, or at the upper echelons of competition, where prime physical specimens are abused like gladiators for entertainment, the truth about drugs is coming out – and when it does, more people will seek natural alternatives. Will you be ready?

Dennis Perman DC,
for The Masters Circle

PS SuperConference is June 5-7 in Chicago – don't miss this one-of-a-kind show! For more information or to register, please go to www.SuperConference2014.com, or simply call 800-451-4514.